

SURGERY INSTRUCTIONS



PRE-OPERATIVE CLEARANCE

You must be cleared for surgery by your primary care physician, if you have a pre-existing condition. Tests have to be performed **7 to 10 days** prior to your surgery date.

Some patients required a Medical Clearance Letter from the primary care physician.

PATIENT:

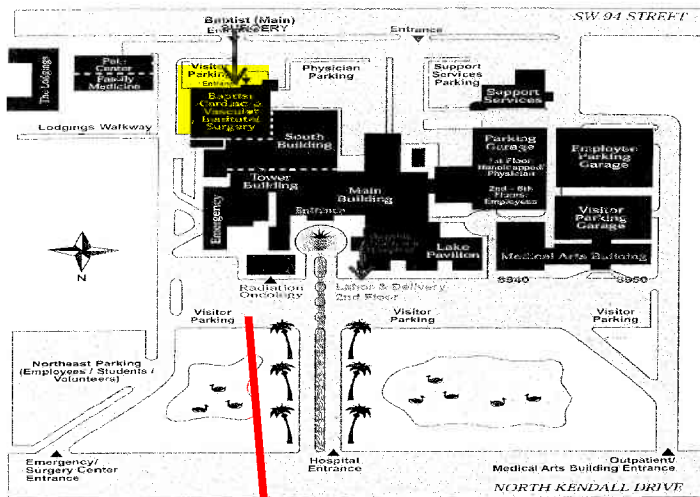
SURGERY LOCATION:

SURGERY DATE:

SURGERY TIME:

ARRIVAL TIME:

Please be on time. A delay in starting your case could affect many other patients that day.



**Baptist Health
South Florida**

1. **Do not eat or drink anything** (including water, gum, or hard candy) **after midnight before the day of your surgery.** Exceptions are prescribed blood pressure and heart medicine, antacids, steroids, and anticonvulsant medications the morning of the surgery, taken with just a sip of water. If you smoke, quit or cut down.
2. Do not wear eye makeup or contact lenses.
3. Dress comfortably.
4. Do not take any aspirin, Advil, NSAIDs, (non-steroidal anti-inflammatory drugs), vitamins or herbal supplements for **10 days** prior to surgery
5. Be sure to notify us if you develop a cold, sore throat, cough or fever or any other illness before your surgery.
5. Have your pre-operative laboratory work done **7 to 10 days** prior to your surgery date.
6. If you have any questions, please call us immediately.